

Safe Snack List 2022-2023

Items on this list are approved to be shared in classrooms for birthdays, holidays, or other special occasions. Only items on this list will be allowed in the classroom. If a snack is brought in and is not on this list, it will be sent home. Food must be store bought, brand specific as identified, and in the original packaging with ingredients clearly listed. Homemade treats are not allowed. Not all items on this list are considered healthy. Please check with the school nurse regarding specific allergies in your child's classroom.

Fruit	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Fresh, canned, cups, squeezable, 100% fruit juice	Х	X	Х
Ocean Spray Craisins dried Cranberries	Х	X	Х
SunMaid California Organic Raisins	X	X	Х
GOGO Squeez Applesauce pouches-All Flavors	Х	X	Х
Motts Applesauce-All Flavors	X	X	Х
Vegetables	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Fresh, canned	Х	Χ	Х
Dips & Salsa	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Vegetable Dip	Х	X	
Hidden Valley Ranch Kraft Ranch	Х	X	
Marzetti Dill Veggie Dip	X	X	
Marzetti's Old Fashioned Caramel Dip Regular, Light	Х	X	
Salsa	Х	Χ	Х
Tostitos, Taco Bell, Pace	X	Χ	Х
Cheese	Peanut/Tree Nut Free	Gluten Free	Dairy Free
All varieties	Х	Х	
Yogurt	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Danon Danimals, Greek Yogurt Cups	Х	Х	
Yoplait Go-Gurt, Trix Yogurt Cups	Х	Х	
Chips	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Baked Ruffles: Original, Cheddar & Sour Cream	Х	Х	
Baked Lays: Original, Sour Cream & Onion	Х	Х	
Baked Cheetos	Х	Х	
Cheetos Jumbo Puffs	Х	Х	
Utz: Cheese balls - baked cheddar	Х		Х
Doritos: Nacho Cheese, Cool Ranch, Spicy Sweet Chili, Spicy Nacho	х		Х
Sun Chips: Original, Harvest Cheddar, Garden Salsa, French Onion	х		Х
Popchips: Sea Salt, BBQ, Sour Cream & Onion	Х	Х	
Tostitos: Restaurant Style, Scoops, oven baked scooped, crispy rounds, multigrain scoops, bite-size	х		х

Spinnypop Popcom: Original, Naturally Sweet, White Cheddar		Peanut/Tree		
Vic's Popcorn: Gourmet White, Original and lite X X X Yellow Cheddar Cheese, original and lite X X X Pirate's Booty Aged White Cheddar X X X Prettels Peanut/Tree Nut Free Nut Free X X Utz: Original extra thin, sourdough, honey wheat, sticks X X X Rold Gold: Thin Pretzels, Pretzel Sticks Pretzel Rods Tiny Twists X X X Crackers Peanut/Tree Nut Free Mut Free Nut Free X X Pepperidge Farms Goldfish: Pretzels, Cheddar, Baby Cheddar Whole Grain Colors, Mik-ups, Parmasean, Pizza, Saltines, Flavor Blasted XI X Gluten Free Dairy Free Pepperidge Farms Goldfish: Pretzels, Cheddar, Baby Cheddar Whole Grain X X Colors Mix-ups Parmasean Pizza, Saltines, Flavor Blasted XI X Colors Mix-ups Parmasean Pizza, Saltines, Flavor Blasted XI X X Colors Mix-ups Parmasean Pizza, Saltines, Flavor Blasted XI X X Colors Mix-ups Parmasean Pizza, Saltines, Flavor Blasted XI X X Colors Mix-ups Parmasean Pizza, Saltines, Flavor Blasted XI X X X Colors And Saltines Pretzels, Cheddar Slammin' <t< th=""><th>Popcorn</th><th></th><th>Gluten Free</th><th>Dairy Free</th></t<>	Popcorn		Gluten Free	Dairy Free
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Pretzels Utz: Original extra thin, sourdough, honey wheat, sticks Rold Gold: Thin Pretzels, Pretzel Sticks Pretzel Rods Tiny Twists X Rold Gold: Thin Pretzels, Pretzel Sticks Pretzel Rods Tiny Twists X X Crackers Pepperidge Farms Goldfish: Pretzels, Cheddar, Baby Cheddar Whole Grain, Colors, Mix-ups, Parmasean, Pizza, Saltines, Flavor Blasted Xplosive Pizza, Flavor Blasted Xtra Cheddar, Slammin Sour Cream & Onion Pretzels Cheddar, Baby Cheddar Whole Grain Colors Mix-Ups Parmasean Pizza Saltines Rlavor Blasted Xplosive Pizza Flavor Blasted Xtra Cheddar Slammin' Sour Cream & Onion Annie's Crackers & Bunnies: All Flavors Sour Cream & Onion Annie's Crackers & Bunnies: All Flavors Annie's Graham Crackers: Honey, Cinnamon X Nabisco Triscuit Original, Reduced Fat Nabisco Wheat Thins: Original, Reduced Fat, 100% Whole Grain Nabisco Wheat Thins: Original, Reduced Fat, 100% Whole Grain Nabisco Grahams Original, Chocolate Nabisco Teddy Grahams: Honey, Low Fat, Cinnamon, Low Fat Cinnamon Nabisco Teddy Grahams: Honey, Cinnamon, Chocolate, Chocolate Chip, Mini Keebler Scooby-Doo Grahams: Honey, Cinnamon X Cookies & Baked Goods Peanut/Tree Nut Free Nut Free Nut Free Nut Free Nut Free Nut Free Dairy Free Dairy Free Dairy Free Dairy Free Nut	Yellow Cheddar Cheese, original and lite White Cheddar	X	X	
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The Bakery: Mini cupcakes only X				
i i i i i i i i i i i i i i i i i i i	Hostess: Ding-Dongs, Cupcakes	Х		

Granola & Granola Bars	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Nutri Grain soft baked breakfast bars - All varieties	Х		
Nature's Bakery: Fig bars, baked ins, crumble bars, brownie bars	Х		Х
Annie's granola bars - chocolate chip, oatmeal raisin	Х	Х	
Enjoy Life Products – All varieties	Х	Х	Х
Made Good Products – All varieties	Х	Х	Х
Fruit Snacks	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Betty Crocker – All Varieties	Х	Χ	Х
Kellogg's – All Varieties	Х	Х	Х
Betty Crocker Fruit By The Foot, Fruit Roll-Ups	Х	Х	Х
Annie's Homegrown Organic Fruit Snacks/peel apart/fruit tape	Х	Х	Х
Gushers - strawberry splash and tropical	Х	Х	Х
Welch's	Х	Х	Х
Frozen Treats	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Nestle Outshine Fruit Bars: All fruit flavors	X	Х	Х
Minute Maid Juice Bars	X	X	X
Johnny Pops	X	X	Λ
Blue Ribbon: Vanilla ice cream sandwich	X	Λ	
North Star: Chocolate sundae cups	X		
Kemps: Vanilla ice cream cups	X		
Breyers: Vanilla and chocolate ice cream	X	Х	
Annies Ice Cream Sandwiches: Vanilla, Cookies & Cream	X	Λ	
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration	Х	Х	
		X Gluten Free	Dairy Free
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration	X Peanut/Tree		Dairy Free
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy	X Peanut/Tree Nut Free	Gluten Free	Dairy Free
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops	X Peanut/Tree Nut Free X	Gluten Free X	Dairy Free
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops	X Peanut/Tree Nut Free X X	Gluten Free X X	Dairy Free X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops	X Peanut/Tree Nut Free X X	Gluten Free X X X	
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls	X Peanut/Tree Nut Free X X X X	X X X X	
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops	X Peanut/Tree Nut Free X X X X X	X X X X X	X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops	X Peanut/Tree Nut Free X X X X X X	X X X X X X X	X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies	X Peanut/Tree Nut Free X X X X X X X X	X X X X X X X	X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies	X Peanut/Tree Nut Free X X X X X X X X X X	X X X X X X X X X	X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy	X Peanut/Tree Nut Free X X X X X X X X X X X X X	X X X X X X X X X X	X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties	X Peanut/Tree Nut Free X X X X X X X X X X X X X X	X X X X X X X X X X X X	X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X	X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X	X X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites Airheads Extremes	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X	X X X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites Airheads Extremes Swedish Fish	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites Airheads Extremes Swedish Fish Skittles – All Varieties	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites Airheads Extremes Swedish Fish Skittles – All Varieties Sixlets	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites Airheads Extremes Swedish Fish Skittles – All Varieties Sixlets Smarties	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites Airheads Extremes Swedish Fish Skittles - All Varieties Sixlets Smarties Sour Patch Kids	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites Airheads Extremes Swedish Fish Skittles - All Varieties Sixlets Smarties Sour Patch Kids Starburst Fruit Chews - All Varieties	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X
Crav'n Ice Cream Cups (pkg of 12): Birthday Celebration Candy Charms: Blow Pops, Mini Pops, Pops Tootsie Pops, Pop Drops Tootsie Rolls Dum Dum Pops Caramel Apple Pops Ring Pops Life Savers Hard Candies, Gummies Haribo Gummies Jolly Ranchers Hard Candy Candy Canes: Spangler - All Varieties Nerds, Nerds Rope Airheads, Airheads bites Airheads Extremes Swedish Fish Skittles - All Varieties Sixlets Smarties Sour Patch Kids Starburst Fruit Chews - All Varieties Twizzlers	X Peanut/Tree Nut Free X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X	X X X X X X X X X X X X X X X X X X X

Miscellaneous Items	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Marshmallows: Kraft, Hy-Vee, Baker's Corner, Campfire, Good & Gather	х	х	х
Snack Pack Pudding: Vanilla or Chocolate	Х	Х	Х
Kraft Grab n' Snack Pudding cups: Vanilla or Chocolate	Х	Х	
Swiss Miss Hot Cocoa Envelopes: Milk Chocolate, Milk Chocolate with Marshmallows	х	X	

IMPORTANT: Due to continual changes in manufacturer packaging, please read the ingredient label of all snacks, including those on this list, to ensure that it does not contain any of the following: peanut/tree nuts, peanut/nut butter, peanut oil, peanut/nut flour, peanut/nut meal, or any variety of the statements, "contains peanuts," "may contain traces of peanuts/nuts," or "manufactured in a facility or on equipment that also processes peanuts (and/or other nuts)."

^{*}North Scott reserves the right to add or remove products as necessary to ensure the safety of our students.